

Cold Blooded

Choreographed by Scott Blevins (August 2003)

32 Count 4 Wall Intermediate line dance

Choreographed to "Sophisticated Lady" by Mya

Album: "Moodring"

32 count intro to start just before lyrics on count 1



1-8

- 1-2 1) Step Right foot forward; 2) Make 1/4 Right stepping Left foot to Left side (3 O'clock)
3&4 3) Crossing Right foot behind Left, rock onto ball of Right foot; &) Recover to Left foot;
4) Make 1/4 turn Right stepping forward on Right foot (6 O'clock)
&5-6 &) Make 1/2 turn Right (clockwise) on Right foot (12 O'clock); 5) Step Left foot next to Right foot;
6) Step Right foot to Right side
7&8 7) Crossing Left foot behind Right, rock onto ball of Left foot; &) Recover to Right Foot;
8) Point Left foot to Left side

9-16

- 1&2 1) Kick Left foot forward; &) Step ball of Left foot next to Right foot; 2) Step Right foot to Right Side
3-4 3) Cross step Left foot over Right foot; 4) Step Right foot to Right Side
5&6 "C-Bumps" 5) Bump Right hip up and to the right, &) return to center; 6) Bump Right hip down and to the right
7&8) Repeat 5&6.

OPTIONAL ARM/HAND MOTIONS: Think "Disco Era" – Rotating from elbow with Right hand in a fist, Right Arm will mimic hip motion in the shape of a "C"

On counts 5,6,7 - Right arm will go up on 5, down on 6, up on 7

On counts &8 &) Bring fist to chest with arm parallel to floor leaning head to left;

8) push elbow right while snapping head to right

17-24

- &1-2 &) Take weight onto Left foot; 1) Cross step Right foot over Left foot; 2) Step Left foot back
3-4 3) Step Right foot to Right side; 4) Step Left foot Forward
5&6 5) Cross step Right foot over Left foot;
&) Step Left foot out to Left side; 6) Step Right foot out to Right side while pushing hips back
7-8 7) Step Left foot forward; 8) Step Right foot forward (prepping foot for a right turn)

25-32

- 1 1) Make full turn Right (clockwise) on Right foot
&2 &) Step slightly back on the ball of Left foot; 2) Take (change) weight to Right foot
3 3) Step forward with Left foot (prepping foot for left turn)
&4 &) Make 3/4 turn Left (counter clockwise) on Left foot (3 O'clock); 4) Step Right foot to Right Side
5&6 5) Crossing Left foot behind Right, rock onto ball of Left foot; &) Recover to Right Foot;
6) Point Left foot to Left side
7-8 7-8) Bump hips to Left twice, shifting weight to Left foot on count 8 and bringing Right foot to center

Begin Again and Enjoy!

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