

What It Is

Choreographed by Scott Blevins (September 2004)

32 Count 4 Wall Intermediate line dance

Choreographed to "Tilt Ya Head Back" by Nelly & Christina Aguilera

Album: "Sweat"

32 count intro to start when horns come in.



1-8

- 1-2 1) Step L to left; 2) Point R toe behind L, while twisting upper body left and looking to left.
3&4-5 3) Kick R to right; &) Step R to center; 4) Step forward on a bent L;
5) Step forward on a bent R (Shorty George)
6-7-8 6) Make a 1/4 turn right, pointing L toe to left; (Facing 3 O'clock) 7) Make a 1/2 turn right stepping L next to R;
(Facing 9 O'clock) 8) Point R toe forward while leaning back slightly.

9-16

- 1 1) Step back on R
2&3 2&3) Left lead Coaster step L-R-L; (on count 3, twist upper body slightly to left and allow left shoulder to trail through the end of count 4, giving a slow motion effect from the waist up)
4 4) Step R forward bringing body over hips and facing forward.
5&6 5) Make 1/4 turn right, stepping on ball of L to left; &) Step R across and in front of L (Facing 12 O'clock);
6) Point L to left side.
7&8 7) Step L across and in front of R; &) Step R a small step to right;
8) Make a 1/4 turn left on R while bumping R hip and lifting L heel. (Facing 9 O'clock)

17-24

- 1&2 1) Step forward on L; &) Making a 1/4 turn left, bringing R to L calf (Facing 6 O'clock); 2) Point R toe to right side.
3-4 3-4) Roll body back and to the right taking weight on R or bump hips twice to right taking weight on R.
&5 &) Step L next to R; 5) Step R across and in front of L.
6-7-8 6) On a diagonal left press forward on ball of L while pushing hips forward; 7) Push hips back taking weight on R;
8) Step forward on a diagonal left with L. (Facing 5 O'clock)

25-32

- 1-2 1-2) Walk forward on the diagonal R, L.
3&4 3) Press R across and in front of L; &) Recover weight to L; 4) Kick R forward.
&5 &) Step back on R (still on the angle); 5) Step L back locking it across and in front of R.
6 6) Unwind a bit more than 3/4 turn to right (Clockwise) to face 3 O'clock. (weight on L)
7&8 7) Step back on R; &) Step back and slightly to left on L; 8) Step R across and in front of L.

Begin Again and Enjoy!

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