

Cold Blooded

Choreographed by: Scott Blevins 8/03

32 Count, 4 Wall Line Dance

Music: "Sophisticated Lady" by: Mya CD – "Moodring"

- 1-2 1) Step Right foot forward; 2) Make ¼ Right stepping Left foot to Left side (3 O'clock)
- 3&4 3) Crossing Right foot behind Left, rock onto ball of Right foot; &) Recover to Left foot; 4) Make ¼ turn Right stepping forward on Right foot (6 O'clock)
- &5-6 &) Make ½ turn Right (clockwise) on Right foot (12 O'clock) 5) Step Left foot next to Right foot; 6) Step Right foot to Right side
- 7&8 7) Crossing Left foot behind Right, rock onto ball of Left foot; &) Recover to Right Foot; 8) Point Left foot to Left side

- 1&2 1) Kick Left foot forward; &) Step ball of Left foot next to Right foot; 2) Step Right foot to Right Side
- 3-4 3) Cross step Left foot over Right foot; 4) Step Right foot to Right Side;
- 5-8 "C-Bumps" - 5) Bump Right hip up and to the right, &) return to center
6) Bump Right hip down and to the right; 7&8) Repeat 5&6.

OPTIONAL ARM/HAND MOTIONS: Think "Disco Era" – Rotating from elbow with Right hand in a fist, Right Arm will mimic hip motion in the shape of a "C".

On counts 5,6,7 Right arm will go up on 5, down on 6, up on 7.

ON COUNTS &8 &) Bring fist to chest with arm parallel to floor leaning head to left;
8) push elbow right while snapping head to right.

- &1-2 &) Take weight onto Left foot; 1) Cross step Right foot over Left foot; 2) Step
3-4 Left foot back; 3) Step Right foot to Right side; 4) Step Left foot Forward
- 5&6 5) Cross step Right foot over Left foot; &6) Step Left foot out to Left side and Right foot out to Right side while pushing hips back.
- 7-8 7) Step Left foot forward; 8) Step Right foot forward (prepping foot for a right turn).

- 1 Make 1 full turn Right (clockwise) on Right foot.
- &2 &) Step slightly back on the ball of Left foot; Take (change) weight to Right foot;
- 3 Step forward with Left foot (prepping foot for a left turn).
- &4 &) Make ¾ turn Left (counter clockwise) on Left foot (3 O'clock); 4) Step Right foot to Right Side.
- 5&6 5) Crossing Left foot behind Right, rock onto ball of Left foot; &) Recover to Right Foot; 6) Point Left foot to Left side.
- 7-8 Bump hips to Left twice, shifting weight to Left foot on count 8 and bringing Right foot to Center.

BEGIN AGAIN!