

# What It Is?

Choreographed by: Scott Blevins 09/04

32 Count, 4 Wall Line Dance

Music: "Tilt Ya Head Back" by: Nelly & Christina Aguilera Cd: Sweat

Count in: 32 counts from start of track. Begin when horns come in, which will be 32 counts before vocals.

- 1-2 1) Step Left foot to Left; 2) Crossing Right foot behind Left, point Right toe to Left while twisting upper body Left and looking to Left.
- 3&4-5 3) Kick Right foot to Right; &) Step Right foot to center; 4) Step forward on a bent Left; 5) Step forward on a bent right (Shorty George)
- 6-7-8 6) Make a 1/4 turn Right, pointing Left toe to Left side; (Facing 3 O'Clock) 7) Make a 1/2 turn Right stepping Left foot next to Right foot; (Facing 9 O'Clock) 8) Point Right toe forward while leaning back slightly.
- 1 Step back on Right foot.
- 2&3 Left lead Coaster step; (on count 3, twist upper body slightly to left and allow left shoulder to trail through the end of count 4, giving a slow motion effect from the waist up)
- 4 Step Right foot forward bringing body over hips and facing forward.
- 5&6 5) Make 1/4 turn Right, stepping on ball of Left foot to Left; &) Step Right foot across and in front of Left foot (Facing 12 O'Clock); 6) Point Left to Left side.
- 7&8 7) Step Left foot across and in front of Right; &) Step Right foot a small step to Right; 8) Make a 1/4 turn left on Right foot while bumping Right hip and lifting left heel up. (Facing 9 O'Clock)
- 1&2 1) Step forward on Left foot; &) Making a 1/4 turn Left, bring Right foot to Left calf (Facing 6 O'Clock); 2) Point Right toe to Right side.
- 3-4 Roll body back and to the Right taking weight on Right foot or bump hips twice to Right taking weight on Right.
- &5 &) Step Left foot next to Right; Step Right foot across and in front of Left foot.
- 6-7-8 6) On a diagonal Left press forward on ball of left foot while pushing hips forward; 7) Push hips back onto Right foot; 8) Step forward on a diagonal Left with Left foot. (Facing 5 O'Clock)
- 1-2 Walk forward on the diagonal Right, Left.
- 3&4 3) Press Right foot across and in front of Left; &) Recover weight to Left foot 4) Kick Right foot forward.
- &5 Step back on Right foot (still on the angle); 5) Step Left foot back locking it across and in front of Right foot.
- 6 Unwind a bit more than 3/4 turn to the Right (Clockwise) to face 3 O'Clock. (weight on L)
- 7&8 Step back on Right Foot; &) Step back and slightly to the Left on Left foot; 8) Step Right foot across and in front of Left.

Begin Again.